Lower eyelid abnormalities

- Your lower eyelid may stretch as you get older and either curl inwards or droop outwards away from your eye.
- If your eyelid droops outwards, it may make your eyes water because tears cannot flow into the opening of the tear ducts on the inner edge of your eyelids. This is called ectropion and is treated by tightening the lower eyelid.
- If your eyelid curls inwards, your eyelashes will rub and irritate your eye, making it red, uncomfortable and watery. This is called entropion. The lower eyelid can be pulled back into its normal position temporarily with a piece of tape placed between it and your cheek. However an operation will be needed to correct the position of the lid permanently. Your lower eyelid may also need to be tightened.
- Do not take aspirin in the 2 weeks before surgery as this can lead to excess bleeding. You can take aspirin again on the day after surgery.
- To tighten your lower eyelid, the outer edge of the lower eyelid is cut loose from the orbital bone. The lower eyelid is then pulled outwards to tighten it. When the lid is in the correct position, it is stitched back to the orbital bone. The extra eyelid tissue is then removed. This operation is done as a day-case procedure under local anaesthesia.
- You should only experience mild discomfort. Recovery from surgery is usually rapid.



